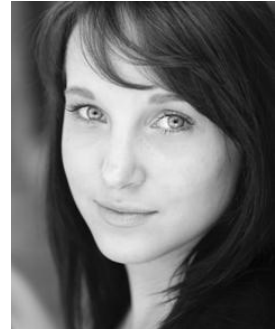




## SARAH LISABETH

**Height:** 5' 0"      **Build:** Slim  
**Eye Colour:** Blue      **Hair Colour:** Dark brown  
**Bilingual:** Welsh & English  
**Spotlight :** 5491-3420-2575  
**Equity Member**



### Training

Trinity University College, School of Theatre and Performance  
ATRuiM- Cardiff School of Creative and Cultural Industries  
New Cottage Dance Centre

### TELEVISION

I love Wales	<b>Dancer</b>	Clive Flowers	BBC Wales
Ni a Nhw	<b>Cariad</b>	Ian Rowlands	Theatr Cerdd a'r Cyfryngau

### THEATRE

Trojan Women	<b>Chorus</b>	Erica Eirian	Theatr Pena
Oedipus	<b>Corinthian</b>	Phillip Mackenzie	Company 4
Kontakt 2	<b>Sarah</b>	Phillip Mackenzie	Company 4
A Simple Twist of Fate	<b>Juliet</b>	Phillip Reid	Theatr Cerdd a'r Cyfryngau
Away Now To War	<b>Lady O' Turtle</b>	Richard Allden	Inky Quill
I'll be there in a minute now (Tour)	<b>Ffion</b>	Claire Friswell	Frapetsus Productions
Twelfth Night	<b>Olivia</b>	Sara Lloyd	Theatr Cerdd a'r Cyfryngau
Clymau (Tour)	<b>Lead dancer</b>	Eilir Owen-Griffiths	Theatr Cerdd a'r Cyfryngau
Oedipus	<b>Tiresias</b>	Various directors	ATRuiM
Gormenghast	<b>Fuchsia/Clarice Groan</b>	Various directors	ATRuiM
Kontakt	<b>Sarah</b>	Phillip Mackenzie	Company 4
Gospel (Tour)	<b>Jesus/Salome</b>	Phillip Mackenzie	Company 4
18/6	<b>Daughter</b>	Phillip Mackenzie	Company 4
Bob's Dance Hall	<b>Lead dancer</b>	Phillip Mackenzie	Company 4
Macbeth	<b>Lady Macbeth</b>	Various directors	Sherman Youth Theatre
Frankenstein	<b>Bride of Frankenstein</b>	Phillip Mackenzie	Sherman Youth Theatre
Dick Whittington	<b>Dancer</b>	Owen Money	Owen Money Theatre Company

### DANCE

British Latin American Formation Champion 2004- 2006  
International Supreme Award Part 5 in Latin American dancing (IDTA accredited)  
International Supreme Award part 5 in Disco dancing (IDTA accredited)  
Grade Silver in ballroom dancing (graded by IDTA)

### SKILLS

**Performance Skills:** Singing, Contemporary dance; Improvisation, Mask, Comedy  
**Athletic Skills:** Swimming, Netball, Badminton, Running  
**Other:** Clean Driving License, Valid UK passport.

### ACCENTS

South Wales (Native)